

❖ Shade under a parasol

- Set up an umbrella (gazebo?) so that both you and your horse can fit underneath and stand together. (If you are riding, then pick up an umbrella and hold it over both of you.)
- Stay in this position for 5 seconds. Your horse should stand quietly with you.





❖ **Build a sandcastle**

- Set up two buckets at least 5-6m/20 feet apart. These can be on the ground or raised.
- Use a small container, bucket or scoop to fill sand from the first bucket and have your horse carry it to the second bucket.
- Pour your sand into the second bucket while your horse remains unconcerned and doesn't try to check out the bucket.
- If you are riding, place the bucket/container at the front of your saddle. You will need to have the two big buckets on a height that you can reach from the saddle – on top of barrels for example.

❖ Scary things on the prom!

- Set up a corner that has a variety of seaside stuff draped a distance of 10ft/3m on either side of the corner.
- You can use flags, bunting, windmills, inflatable flowers, buckets and spades, whatever you have handy. Be sure to pin them securely to the fence.
- Place a pole on the ground 6 feet/1.8m out from your scary items (if you don't have poles use a couple of lead ropes attached together or a lunge line)
- Walk your horse between the line and the scary items. Your horse should be nearest to the scary stuff.



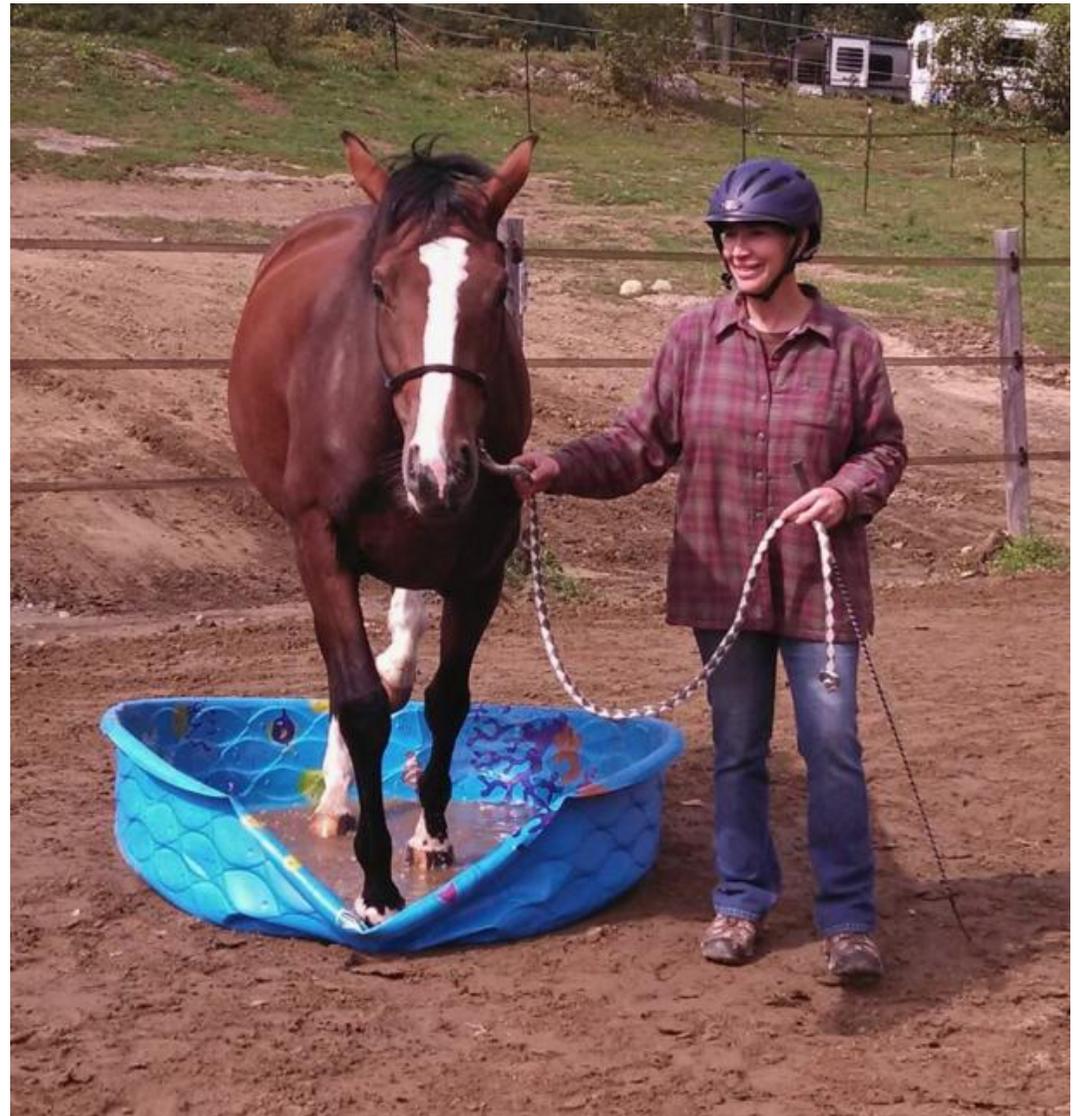
❖ Jump over the waves

- Set up a small jump 10-12 inches/25-30cm high. And wide enough for you and your horse to jump together
- Approach and jump at a trot/tölt
- Your horse should show a jumping effort.



❖ **Splash in the sea.**

- Set out a fairly large tarpaulin that is big enough that you and your horse can walk into it and do a full 360° turn about.
- If you don't have a tarpaulin, you can use an area created by squashed plastic bottles or the very small balls used in kiddies play areas



❖ Cool off with a shower

- Spray all 4 of your horse's legs using a hose or spray bottle. Spend at least 5 seconds on each leg and spray below the hocks/knees.
- Your horse should remain still throughout
- For ridden option, have a friend on the ground do the spraying for you.

