

# JULY BY THE VIRTUAL SEA

## OBSTACLE CHALLENGE

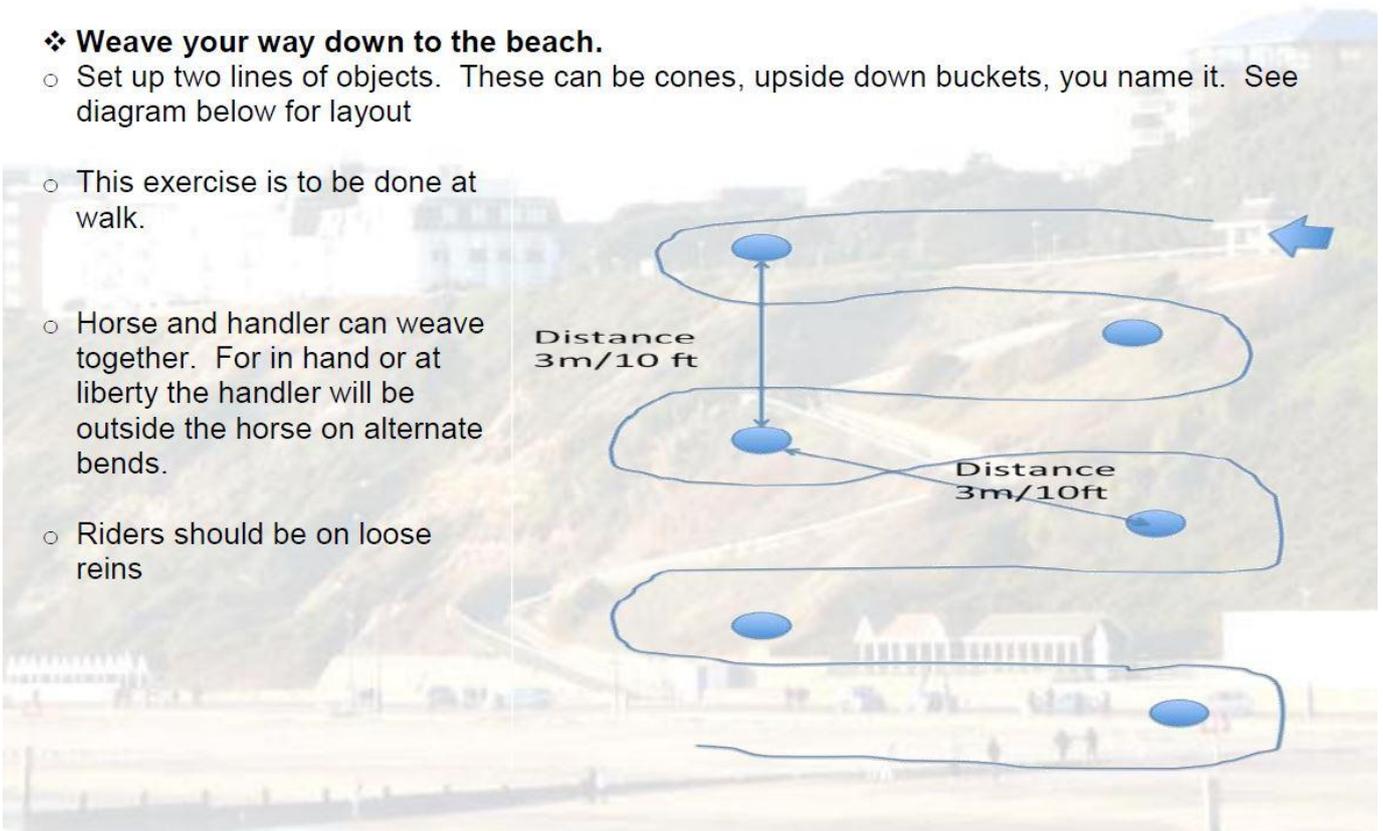
### WEAVE YOUR WAY DOWN TO THE BEACH.

- Set up two lines of objects. These can be cones, upside down buckets, you name it. See diagram below for layout
- This exercise is to be done at walk.
- Horse and handler can weave together. In hand or at liberty the handler will be outside the horse on alternate bends.
- Riders should be on loose reins
- **Advanced:** If you are completing this challenge for the second year – obstacles 8ft (2.5m) apart. All other conditions the same.

### July at the Seaside: Obstacles

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## SHADE UNDER A PARASOL.

- Set up an umbrella so that both you and your horse can fit underneath and stand together.
- If you are riding, then pick up an umbrella and hold it over both of you.
- Stay in this position for 5 seconds. Your horse should stand quietly with you.



**Advanced:** 15 second halt.

## BUILD A SANDCASTLE

- Set up two buckets at least 5-6m/20 feet apart. These can be on the ground or raised.
- Use a small container, bucket or scoop to fill sand from the first bucket and have your horse carry it to the second bucket.
- Pour your sand into the second bucket while your horse remains unconcerned and doesn't try to check out the bucket.
- If you are riding, place the bucket/container at the front of your saddle. You will need to have the two big buckets on a height that you can reach from the saddle – on top of barrels for example.



**Advanced:** Repeat this three times or if you prefer extend the distance you are travelling to 40ft.

## SCARY THINGS ON THE PROM!

- Set up a corner that has a variety of seaside stuff draped a distance of 10ft/3m on either side of the corner.
- You can use flags, bunting, windmills, inflatable flowers, buckets and spades, whatever you have handy. Be sure to pin them securely to the fence.
- Place a pole on the ground 6 feet/1.8m out from your scary items (if you don't have poles use a couple of lead ropes attached together or a lunge line)
- Walk your horse between the line and the scary items. Your horse should be nearest to the scary stuff.



**Advanced:** See how close you can get- bonus points for the horse touching the scary objects.

## JUMP OVER THE WAVES

- Set up a small jump 10-12 inches/25-30cm high. And wide enough for you and your horse to jump together
- Approach and jump at a trot/tölt
- Your horse should show a jumping effort.



**Advanced:** Encourage your horse to attempt the jump alone. Here's how you might try... <https://www.youtube.com/watch?v=rUOX44724cc>

## SPLASH IN THE SEA.

- Set out a fairly large tarpaulin that is big enough that you and your horse can walk into it and do a full 360° turn about.
- If you don't have a tarpaulin, you can use an area created by squashed plastic bottles or the very small balls used in kiddies play areas

**Advanced:** 360° clockwise and then anticlockwise.



## COOL OFF WITH A SHOWER

- Spray all 4 of your horse's legs using a hose or spray bottle. Spend at least 5 seconds on each leg and spray below the hocks/knees.
- Your horse should remain still throughout
- For ridden option, have a friend on the ground do the spraying for you.

**Advanced:** Advance up the legs to the body and spray along the back. Avoid the head.

